



Govardhan, Barsana & Vrindavan



Govardhan Meditations

with **HG Kartik Chandra Prabhu**



15th Feb to 23rd Feb 2025 (Half Term Holidays)

contact

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www.inneryogaretreats.com

Inner Yoga Retreats LTD is a company registered in England and Wales. Company Number 13940920. We are a member of The Travel Trust Association.

FLIGHT DETAILS



Departing
Saturday
15th February
8:45am



Arriving
10:45pm

15th Feb



Explore
Govardhan
Hill

23rd Feb



Departing
Monday
24th February
2:45am



Arriving
6:35am



**Explore
Govardhan
Hill**



WHAT'S INCLUDED

**Return Direct Flights from LHR - DEL
(1 bag 23kg checked in and 1 hand luggage of 8kg)**

8 Day Retreat

**Accommodation for 9 nights in Govardhan
(Based on two people sharing the room)**

Airport Transfers from Del - Govardhan & Return

Local Travel during retreat

Meals (Breakfast, Lunch & Light Dinner)

Daily Guided Trips During the Retreat

Pre-Departure readings on "Glories of Govardhan"

Travel Tips Document



WHAT'S NOT INCLUDED

Airport transfers in the country of origin

Visa / OCI

**Travel Insurance
(Please contact us for a quote on Travel insurance)**

Covid tests or documents (if applicable)

Laundry



Explore Govardhan Hill

THE BIRTH OF SRI GIRIRAJA

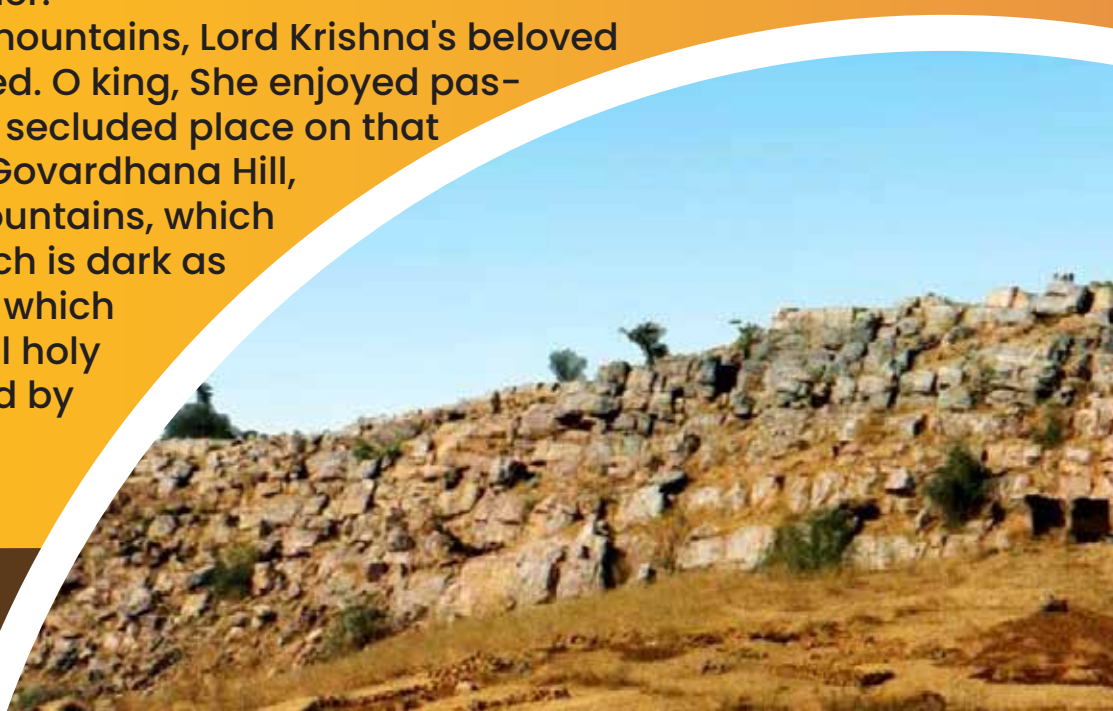
One day, in the beautiful rasa-dance circle, which was filled with the tinkling of anklets and with courtyards splendid with pearls and parasols, strings of flowering malati vines fragrant with nectar honey, sounds of flute and mridanga and beautiful singing from beautiful throats, and which was shining with many beautiful girls, Radha cast a sidelong glance at Lord Krishna, who is more charming than many millions of Kamadevas, and who generously gives the sweetest nectar. She spoke to Him the following words. O Lord of the worlds, if You are pleased with My love in this rasa-dance, then there is a desire in My heart I would like to place before You. The Supreme Personality of Godhead said: O girl with the beautiful thighs, You may ask for whatever Your heart desires. O beloved, if I have not already given it, I will lovingly give whatever You wish. Sri Radha said: In splendid Vrindavana forest, in a beautiful and secluded place by the Yamuna's shore, please make an arena for a nectar rasa-dance. O Lord of lords, this is My desire.

Sri Narada said: Saying, "So be it", the Lord meditated. With His lotus eyes he looked inside His heart. As the gopis watched, Krishna's love, in a form of fire and water, came from His heart as a sprout comes up from the ground. Falling onto the ground of the rasa-dance circle, that love grew into a great mountain filled with many caves and swiftly-moving streams, beautiful with kadamba, bakula, and asoka trees and a great network of flowering vines, opulent with mandara and kunda flowers, and filled with graceful birds. O king of Videha, in a single moment that mountain became eight hundred thousand miles wide and eight billion miles long. It was like another Ananta Shesha. It was four billion miles tall. It is four billion miles tall eternally. It was like a gigantic elephant. It had a hundred eighty-million-mile-tall peaks. O king of Mithila, it was like a great palace with many golden domes.

As the mountain expanded, Goloka became filled with fear and there was a great uproar. Lord Krishna at once stood up and slapped the mountain with His hand. He said, "Why do You expand so much? You have covered the entire realm! Why do you not stop at once?" In this way Krishna stopped the mountain from growing any further.

Gazing at this best of mountains, Lord Krishna's beloved Radha was very pleased. O king, She enjoyed pastimes with Krishna in a secluded place on that mountain. In this way Govardhana Hill, which is the best of mountains, which is dear to the Lord, which is dark as a monsoon cloud, and which contains within itself all holy places, was manifested by Lord Krishna.

(Garga Samhita 3.9)



Explore
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Hill

HG KARTIK CHANDRA DAS

Kartik Chandra Das was born and brought up in a traditional family of practising Vaisnavas whose Vaisnava roots go back at least fourteen generations. From a young age he received training in Srimad Bhagavatam, Vaisnava Vedanta and Panini Astadhyayi. Karttika Candra is a member of the steering committee of the School of Bhakti at Bhaktivedanta Manor and has taught several courses as a teacher at the School of Bhakti. His main interests are Srimad Bhagavatam and its commentaries, Sri Caitanya Caritamrita, the Gaudiya tradition in Vraja Mandala, Sanskrit aesthetics and prosody, and Paninian grammar. Karttika Candra is a disciple of H.H. Radhanatha Swami. Karttika Candra holds a traditional Sastri degree in Sanskrit as well as a B.Eng (Hons) and an Exec MBA degree.

His love and appreciation for Vraj are evident in the various talks he gives, and you will be able to experience it first hand in this retreat.



Explore Govardhan Hill

PRICE

FIRST COMERS
ON OR BEFORE
21st MARCH

EARLY BIRD +
ON OR BEFORE
27th MARCH

EARLY BIRD
ON OR BEFORE
5th APRIL

ADULT

16 PLUS

£1025
20 seats

£1050
25 seats

£1099
20 seats

✈️ ECONOMY

YOUTH

12-15

£925
20 seats

£950
25 seats

£999
20 seats

✈️ ECONOMY

CHILD

2-11

£825
20 seats

£850
25 seats

£899
20 seats

✈️ ECONOMY

Single Room Supplement: £150

These discounted prices are offered in line with the airline seats we are holding and will be available on a first-come, first-served basis, with a due date for booking.

DEPOSIT

50%
on
booking

35%
by
end of Nov

15%
cash
on arrival

**To proceed with your reservation, please follow
the link below or send us an email**

www.inneryogaretreats.com/govardhan25

Key Notes

- ▶ There will be 1% extra charge for credit card payments, alternatively you can contact us for bank transfer details.
- ▶ If you wish to travel back on different dates or from different destination, you can contact us to discuss the same.
- ▶ For family rooms there will be a sofa bed in Govardhan Retreat Centre, Airport transfers in India are only covered when you are travelling with the group

Cancellation Policy

For cancellations before 30th Oct, a 25% refund per person will be processed, deducted from the 50% deposit at the time of booking. No refunds will be issued after this date

Retreat spaces will be assigned on a first come, first served basis, so register early to secure your space.



Founder Acarya His Divine Grace A.C. Bhaktivedanta Swami Prabhupada

