



KARTIK IMMERSION

A SACRED JOURNEY IN THE HOLIEST MONTH

JUHU & GOVARDHAN ECO VILLAGE

RENEW

CONNECT

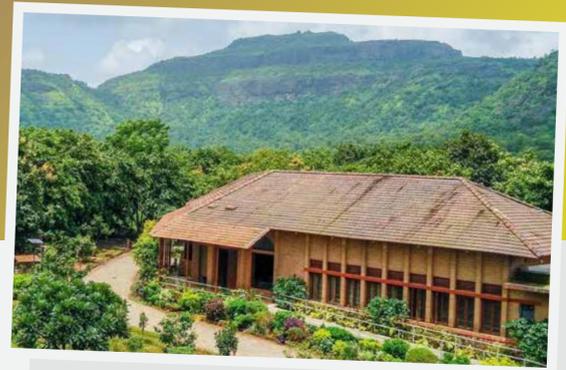
DISCOVER

25.OCT '25 - 2.NOV '25



JUHU

is a serene spiritual sanctuary, dedicated to Sri Sri Radha Rasabihari and established by Srila Prabhupada. More than a place of worship, it is a thriving center for bhakti, Vedic wisdom, and cultural enrichment, inspiring countless devotees.



GOVARDHAN ECO VILLAGE

is a sustainable sanctuary inspired by Radhanath Swami and the vision of Srila Prabhupada. Blending spiritual wisdom, eco-living, and holistic wellness, it offers a serene space for devotion, self-discovery, and harmony with nature.

Enhance your 2025 Kartik experience and make it truly transformative by immersing yourself in the finest company, visiting sacred pilgrimage sites, and savoring delicious prasadam.

Key highlights

- ✓ Sacred Kartik Month Celebrations
- ✓ Spiritual Rejuvenation
- ✓ Cultural and Spiritual Exploration
- ✓ Nature and Tranquility

BOOK NOW!

WhatsApp: +44 7831 830225 – Vrindarika Ramaya
WhatsApp: +44 7527 424115 – Divya Nama
Email: info@inneryogaretreats.com



INNERYOGARETREATS.COM/JUHUGEV25



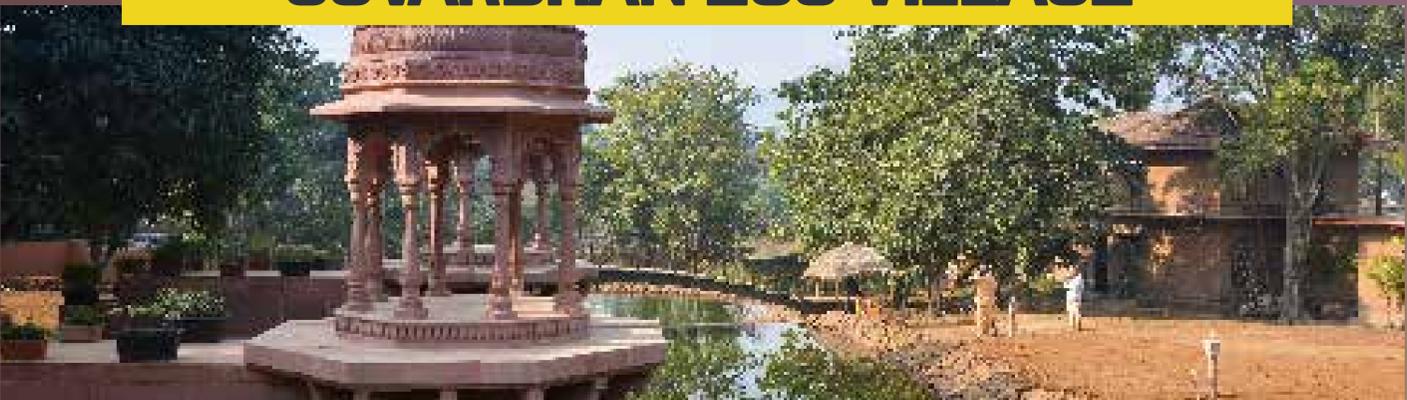
Inner Yoga Retreats LTD is a company registered in England and Wales. Company Number 13940920. We are a member of The Travel Trust Association.

JUHU



ISKCON Juhu is a vibrant spiritual center in Mumbai, renowned for its beautiful temple dedicated to Lord Krishna, where visitors can experience traditional devotional practices, participate in spiritual gatherings, and immerse themselves in the peaceful ambiance of this sacred space.

GOVARDHAN ECO VILLAGE



Govardhan Ecovillage, established in 2003, spans over 100 acres in Palghar, Maharashtra, and is home to a diverse community of over 350 residents, including families, students, volunteers, and monks. The village is a unique sanctuary that harmonizes sustainable living with spiritual practices. Built with eco-friendly materials such as rammed earth and bamboo, the ecovillage promotes the principle of “Simple Living, High Thinking,” providing a serene environment where residents and visitors live in harmony with nature, the self, and the divine.

The community's commitment to ecological sustainability is evident through practices like organic farming, biogas production, and soil biotechnology for water purification. Visitors can experience traditional Indian spiritual practices, yoga, and wellness activities, while also learning about sustainable techniques in agriculture and waste management.

The architecture of Govardhan Ecovillage emphasizes natural ventilation, lighting, and comfort, enhancing the tranquil atmosphere. The village embodies the spiritual vision of Radhanath Swami, who aimed to fulfill the dream of his guru, His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, to create a holy place dedicated to the personality of Krishna, offering transcendental experiences for all who visit.

WHAT IS INCLUDED

- Direct International flights (London - Mumbai- London)
- Airport transfers in India
- 7 Day Retreat (excluding travel days/Nights)
- Vegetarian meals (Breakfast, Lunch & light Dinner)
- 1 night at Iskcon Juhu (4 star hotel)
- 6 nights at Govardhan Eco Village
- Daily Guided Trips During the Retreat
- Daily Guest Talks
- Pre-Departure readings on "Glories of Goswamis & Vrindavan Dham"
- Travel Tips Document

Activities at Govardhan Eco Village

- Sound healing experience
- Swimming Pool Usage
- Yajna (Fire Sacrifice Experience)
- Mantra Meditation
- Cow feeding experience
- Wisdom Sessions
- Ayurvedic Massage (Charges apply – Group Discount available)
- Lamp offering
- Evening Aarti ceremonies
- Engaging Wisdom Stories and Activities for Children
- Journal Writing

WHAT IS NOT INCLUDED

- Airport transfer in the UK
- OCI / Visa
- Travel insurance (We can assist with your travel insurance quote)
- Laundry
- Medical expenses

WHAT WILL YOU GAIN

- Personal Growth
- Wellbeing perspective
- Relaxation & Rejuvenation of body, mind & soul
- Lasting friendships with likeminded people
- Nature immersion
- Wisdom of the sages

ITINERARY

 **London LHR**
25th October evening



 **Mumbai BOM**
26th October



JUHU
26th October
1 night in 4 star hotel



GEV
27th October
6 nights at retreat center



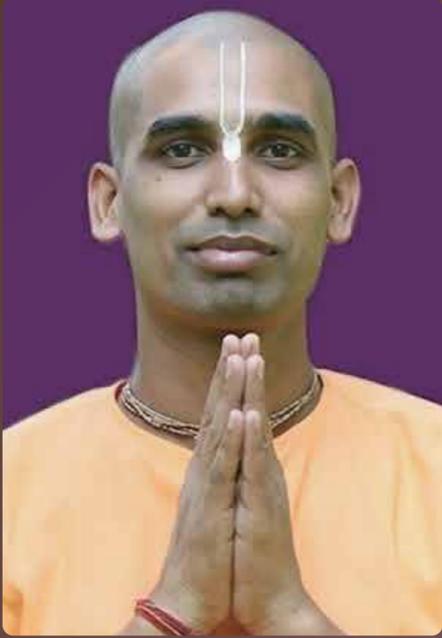
 **Mumbai BOM**
2nd November



 **London LHR**
2nd November

SPEAKERS

HG GAURANGA DARSHAN PRABHU *confirmed*



Gauranga Darshan Das, a disciple of His Holiness Radhanath Swami, is an educator and author of over 30 books. He is the Dean of the Bhaktivedanta Vidyapitha at ISKCON Govardhan Ecovillage (GEV), outside Mumbai. He regularly conducts online and residential spiritual courses for children, teens and adults, and has delivered over 7000+ hours of spiritual discourses in different forums including ashrams, schools, colleges, corporate events and platforms like TEDx, Rotary club, DRDO etc.

He is a member of the ISKCON Board of Examinations (BoEx) and the GEV Administrative Council, and oversees the temple worship and Vrindavan Forest at GEV.

HG GAURANGA PRABHU *tentative*



Gauranga Das, a graduate of Mumbai's Indian Institute of Technology, is the Director of a globally renowned and United Nations award-winning Eco village. As a driving force behind ISKCON Chowpatty, he has inspired and mentored thousands, including renowned author and coach Jay Shetty. With a commitment to embedding Krishna conscious principles, he has actively contributed to diverse fields such as coaching, research, environmental sustainability, tourism, skill development, addiction

recovery, and leadership. Having delivered over 10,000 lectures and seminars in the last two decades, Gauranga Das continues to transform lives and drive positive change worldwide.



RETREAT MEDITATIONS

“If anyone fasts and observes the Kārtik-vrata according to the rules and regulations, the Yamadutas, the messengers of Yama-
raja, run away from him, just as an elephant runs away by seeing a lion. This dear fast of Lord Viṣṇu is even better than performing one hundred great sacrifices that would take him to heaven because the person who observes the Kārtik-vrata goes to the spiritual world.”

Padma Purāṇa

“Oh great sage, after giving up all varieties of religious functions, one should follow Kārtika fast and listen to the narrations of Lord Śrī Hari before His Deity form.”

Skanda Purāṇa

“Of the twelve months, this month is particularly dear to Śrī Kṛṣṇa. Śrī Vishnu certainly rewards the devotee who worships Him during Kārtika with residence in His own abode, even if worshipped with minimum items. Dāmodara is famous as bhak-
ta-vatsala, and His month imbibes His characteristics: it rewards even a tiny effort with huge results.”

Hari-bhakti-vilāsa

PRICES

ADULT (16+)

On booking = **£1025.00**
Cash on arrival = **£200.00**

TOTAL: £1225

YOUTH (12-15 YRS)

On booking = **£925.00**
Cash on arrival = **£200.00**

TOTAL: £1125

CHILD (2-11 YRS)

On booking = **£825.00**
Cash on arrival = **£200.00**

TOTAL: £1025

INFANT (0-1 YRS)

On booking = **£125.00**
Cash on arrival = **£100.00**

TOTAL: £225



International flights included
Luggage allowance 1 bag 23 kg checked in
and 1 hand luggage of 7 kg

✦ **SAVE WITH OUR EARLY BIRD DISCOUNT!** ✦

Book before **23th March**

Don't miss out on this exclusive offer!

Spaces are limited as this retreat merges with another group arriving from Jaipur and Vrindavan

KEY NOTES

Single room supplement **£225**

Adult & 1 child room supplement **£99**

At GEV all rooms are twin bedded and for families of over 2 in the room, extra mattress will be provided.

Price Notice: Prices are approximate and subject to change based on flight fare fluctuations, with a potential increase of 5-10%.

Extended Stay & Additional Flights:

Need to extend your stay in India or explore other destinations? We can provide tailored flight quotes to suit your plans.

Please be advised that we strongly recommend all travelers to obtain travel insurance for their trip.

If you're joining from another country, please contact us for a personalized quote, with or without flights.

CANCELLATION

50% refund from the deposit paid if cancelled before 30th July 2025
No refund for cancellations after this point



REGISTRATION

inneryogaretreats.com/juhugev25

GET IN TOUCH

- ✉ info@inneryogaretreats.com
- ☎ 075 274 24115 Divyanama
- ☎ 078 318 30225 Vrindarika-Ramaya

TESTIMONIALS

from Kartik: Immersive Experience (2024)

"I thoroughly enjoyed every moment from the wonderful loving association to the ecstatic kirtans and the most unforgettable holy Dham. I humbly thank all in the retreat with love and respect for making it a perfect special moment in time."

L. S.

"Was a wonderful trip with beautiful kirtan and visiting key temples. Prasad and travel arrangements were wonderful. Well done for the organisation and the care and attention."

S. V.

"The retreat was truly a wonderful and enriching experience. We were blessed with every opportunity to connect with God, and the association of the devotees was incredibly inspiring. Everyone was so loving, kind, and helpful, creating a warm and welcoming atmosphere. It felt like being part of a close-knit family, with everyone looking out for one another. I still cherish the memory of the delicious prasadam we were served at every place we visited—it was truly divine. I deeply appreciate the beautiful arrangements that were thoughtfully made, and the humility and kindness of the devotees left a lasting impression on my heart. I am immensely grateful for such a fulfilling and uplifting experience."

U. G.

"There is not much to complain about, we both had a great time, spiritually and physically. transportation was spot on, accommodation was perfect, most of all the prashadam was best ever, for someone that is vegan, spot on. Thank you arranging this."

D. V.

"Amazing and ecstatic experience in the association of exalted Vaisnavas and devotees. Nourishing and enlightening to the soul. Great family time together in the Dham. Very well planned Yatra with well thought out sessions, sumptuous Prasadam.."

N. P. & N. A.

"A spiritually nourishing and well organised yatra that gave us a unique opportunity to visit and worship at many of the principal places in Vrindavan, Calcutta and Mayapur. Culminating in Govardhan Eco village was a bonus that gave us an opportunity to catch our breath and reflect on the yatra undertaken."

J. D.

"Had an amazing spiritual journey which I will always remember for the rest of my life! "

M. P.

"Very Blissful , exciting, divine, amazing !!!"

D. J. S. G

A GLIMPSE INTO PAST RETREATS

